

# NurseLine Services

## Your convenient resource for health care questions for you and your loved ones.

Coping with health concerns can be time-consuming and complex. With so many choices, it can be hard to know where to look for information and support.

This service was designed specifically to help make your health decisions simple and convenient by providing:

- Immediate answers to your health questions any time, anywhere — 24 hours a day, 7 days a week.
- Access to registered nurses with clinical experience.
- Information to guide your health care decisions.

## When you call, a registered nurse can help you:

### Choose appropriate medical care.

- Understand a wide range of symptoms.
- Determine what type of care may be right for your needs.

### Find a doctor or hospital.

- Find doctors or hospitals.
- Locate an urgent care center and other health resources in your area.

### Understand treatment options.

- Learn more about a diagnosis.
- Explore the risks, benefits and possible outcomes of your treatment options.

### Learn about healthy living.

- Get tips on how nutrition and exercise can help you maintain a healthy weight.
- Learn about important health screenings and immunizations.

## Registered nurses are available any time, day or night.

Call this service any time for health information and support — all at no additional cost to you.



**Call NurseLine Services**  
**1-877-365-7949**

TDD/TTY callers, please call **711**  
and ask for the number above.

## Online resources.

You also have access to a wealth of information online. Visit today for health and well-being news, tools, resources and more.



**UHCRetiree.com**

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This information is not a complete description of benefits. Contact the plan for more information. Limitations, co-payments and restrictions may apply. Benefits, premium and/or co-payments/co-insurance may change on January 1 of each year.

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

UnitedHealthcare Insurance Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-814-6894 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-814-6894 (TTY: 711).

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